*(Place on Agency’s Letterhead)*

# Financial Fitness Education

## Agenda

**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **Time: From: \_\_\_\_\_\_\_ to \_\_\_\_\_\_\_**

**Instructor 1 Name & Title: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Instructor 2 Name & Title: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Presenter 2 Name & Title: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Publication: ***Better Fortunes:*** *Control Your Money. Control Your Life.*

National Foundation for Credit Counseling, 2006

**Topics of Discussion**

Economic Way of Thinking

### Developing Sound Financial Habits

**Activity:** Financial Empowerment Self-Assessment

My Current Budget: How Did I Get Here?

My New Budget: Developing a Plan That Works

#### Break

Understanding and Using Credit

Credit Reports and Credit Scores

Rebuilding Your Credit

Predatory Lending and Identity Theft

What is Insurance For?

Where to Find Financial Resources

At the conclusion of class, attendees will receive the Financial Fitness Evaluation Form to complete and a certificate of completion.